

## NutriLinks MD™

*Research is our most important ingredient.™*

- Designed to Combine.* All NutriLinks MD formulas were designed to be combined to fit any patient's particular need without wasteful or dangerous duplication of ingredients. Combining NutriLinks MD formulas is easy, safe and far more efficacious than any other line of nutrients. We've done the research to determine the optimal ingredient dosage for the specific purpose. Based on your assessment of disease risk, if you feel there is a need, simply add the appropriate formula without a concern for any ingredient excess. In fact, one may take all of our formulas simultaneously with no such concern. The other side of this coin is that to achieve the optimal benefit for a particular disease risk, some must be used in combination with the Foundation Formula and some require both the Foundation Formula and Ultra Cell Guard. For example, to achieve optimal brain protection from an antioxidant standpoint, we recommend, based on population studies and clinical trials, that one combine the Foundation Formula, Ultra Cell Guard and Brain Synergy. Below is a table to guide you to the ideal combination of formulas for various health concerns:

| Health Goal                | Foundation Formula | Ultra Cell Guard | Osteo Synergy | Brain Synergy | Prostate Synergy | Homocysteine Processor | Glucose Sense | Indole-3-Carbinol | Joint Synergy | Duracin Time-Release Niacin | No-Flush Niacin      |
|----------------------------|--------------------|------------------|---------------|---------------|------------------|------------------------|---------------|-------------------|---------------|-----------------------------|----------------------|
| Bone Health                | X                  |                  | X             |               |                  |                        |               |                   |               |                             |                      |
| Brain Health               | X                  | X                |               | X             |                  |                        |               |                   |               |                             |                      |
| Heart Health               | X                  | X                | X             |               |                  | X                      |               |                   |               | Physician Discretion        | Physician Discretion |
| Healthy Blood Sugar        | X                  | X                | X             | X             |                  |                        | X             |                   |               |                             |                      |
| Prostate Health            | X                  | X                |               |               | X                |                        |               | X                 |               |                             |                      |
| Breast Health              | X                  | X                |               |               |                  |                        |               | X                 |               |                             |                      |
| Joint Health               | X                  | X                |               |               |                  |                        |               |                   | X             |                             |                      |
| Colon Health               | X                  | X                |               |               |                  |                        |               | X                 |               |                             |                      |
| Healthy Blood Pressure     | X                  | X                | X             |               |                  |                        |               |                   |               |                             |                      |
| Healthy Homocysteine Level | X                  |                  |               |               |                  | X                      |               |                   |               |                             |                      |
| Eye Health                 | X                  | X                |               |               |                  |                        |               |                   |               |                             |                      |
| Healthy Cholesterol Level  |                    |                  |               |               |                  |                        |               |                   |               | Physician Discretion        | Physician Discretion |